

USER MANUAL JÄRVEN RESCUE SHEET



CE

Table of contents


1. General information
2. Product description and performance
3. Unpacking and installation
4. Maintenance instructions
5. Miscellaneous

Valid for following articles numbers and mattress width:


14-090000-001	70-77 cm
14-090000-002	78-84 cm
14-090000-003	85-90 cm
14-090000-004	100-105 cm

Our products are labelled as below; this proves that the rescue sheet you have bought is an original product.

Art. no: 14-090000-011
Size: 190x85 cm



7 340010 740453




Järvens Riddningsgäddan
Järvens Rescue Sheet

Installation:
Placera riddningsgäddan på sängytan med denna sida upp. Lägg mittrean på sängens mittrean.
Place the rescue sheet on the bed, the side up. Fasten the sheet to the mattress with the help of the four corner straps.
The front on straps should be in their pockets, not visible outside the edges of the mattress.

Bilderna visar:
1. Informera om följande patienter av utgång.
2. Sätt ut patienten på sängens mittrean.
3. Evakuera patienten på sängens mittrean.
4. Evakuera patienten på sängens mittrean.

OMGÛS SIDA HET PÅRISSEN




Järvens Evakueringsträcker
Järvens Evacuation Sheet

Installation:
Din patient vrids på ryggen. Denna sida vrids upp på ryggen. Denna sida vrids upp på ryggen.
Roll the patient on their back. The back of the sheet should be on the back of the patient. The back of the sheet should be on the back of the patient.

Bilderna visar:
1. Informera om följande patienter av utgång.
2. Sätt ut patienten på sängens mittrean.
3. Evakuera patienten på sängens mittrean.
4. Evakuera patienten på sängens mittrean.

OMGÛS SIDA HET PÅRISSEN




Järvens patienttröskan
Järvens Patient Sheet

Installation:
Denna patienttröskan ska vridas upp på ryggen. Denna sida vrids upp på ryggen.
Roll the patient on their back. The back of the sheet should be on the back of the patient. The back of the sheet should be on the back of the patient.

Bilderna visar:
1. Informera om följande patienter av utgång.
2. Sätt ut patienten på sängens mittrean.
3. Evakuera patienten på sängens mittrean.
4. Evakuera patienten på sängens mittrean.

OMGÛS SIDA HET PÅRISSEN



Järvens Riddningsgäddan
Järvens Rescue Sheet

Installation:
Lägg iat starkt under fotmattan/benbänk. Denna sida vrids upp på ryggen. Denna sida vrids upp på ryggen.
Place the sheet under the footboard. The back of the sheet should be on the back of the patient. The back of the sheet should be on the back of the patient.

Bilderna visar:
1. Informera om följande patienter av utgång.
2. Sätt ut patienten på sängens mittrean.
3. Evakuera patienten på sängens mittrean.
4. Evakuera patienten på sängens mittrean.

OMGÛS SIDA HET PÅRISSEN

PLACERAS UNDER BEFINTLIG MADRASS MED DENNA SIDA UPP!
PLACED UNDER THE MATTRESS WITH THIS SIDE UP!



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Important information

Read all instructions before using the product!

1. Persons who will perform an evacuation need to have necessary training.
2. Check regularly the rescue sheet for damages.
3. Never carry the mattress and the patient in the rescue sheet.
4. Never use the rescue sheet without a mattress.
5. It is important to place the rescue sheet correctly in the bed. Read the labelling on the product so the correct side is placed down towards the bed.
6. The rescue sheet should be placed under the mattress and attached to the mattress with the elastic straps in all 4 corners.
7. Use only together with mattress of such quality that can take the load from the patient, otherwise there is a risk for body injury. Recommended thickness of mattress minimum 9 cm.
8. Do not use Järven Rescue sheets in combination with mattress topper on top of continental bed or spring mattress
9. Avoid exposing the rescue sheet for open fire, burning cigarettes, warm lamps or other hot objects. The products can be damaged and the function can be impaired.
10. If the rescue sheet has been used in evacuation, all seams must be controlled by authorised distributor before use again.
11. The Rescue Sheet should not be used together with air mattresses.

1. General information

This manual shall be used when our rescue sheet is being unpacked and when it is to be used for the first time.

1.1 Medical standards

Järvens rescue sheet is a medical product and it is CE-marked according to MDD 92/43/EEC. Järvens rescue sheet also fulfils the SS 876 00 39 which is the applicable standards according to the medical directives.

1.2 User instructions

Järvens rescue sheet makes it possible to quickly evacuate and move bed bound people and can of course be used when evacuating in stairs. The rescue sheet has an ergonomic design and is produced from strong materials that easily glide on dry and wet surfaces. Järvens rescue sheet is equipped with handles for side movements in order to make the rescue sheet as movable as possible.

1.3 Evacuation instructions

It is very important that all safety equipment, as well as the evacuation procedures, is well planned and known in advance since there is usually no time to think about what to do in case of a fire or another emergency. Järvens rescue sheet is equipped with three handles on the short ends.

On the sides, there are Velcro straps to fixate the user before an evacuation. The rescue sheet is constructed with elastic straps attached to the corner which allows it to attach to the mattress. Please turn to the next page for further instructions on how to evacuate a patient in an efficient and safe manner.

Evacuation instructions

Step 1. Evacuation from a bed

- Inform your patient regarding the procedure.
- Lower and lock the bed in position for a safer evacuation.
- Pull out and fasten the Velcro straps in order to fixate the mattress around the patient.
- Use the outer handles at the foot end and turn the mattress out from the bed.
- Slowly pull the patient down onto the floor.



Step 2. Evacuation on even surfaces

- Pull by using the handles at the foot end.
- Working position should be a little bit leaning back.



Step 3. Evacuation down stairs

- Walk backwards until the main part of the mattress has slid past the top stair.
- Turn the back to the patient and look in the moving direction.
- Hold one hand on the stair handle and pull with the other hand on the middle handle. Always secure yourself with a firm grip on railing.
- Walk down the stairs. Remember to maintain speed, but don't run.



1.3.1 Training

The main purpose of the training is not to reach high speed, but to learn the correct technique. When you are performing an evacuation training exercise you should focus on the following:

Evacuation from a bed:

The patient in the bed should not be at the very top of the mattress. There could be a risk of hitting the head in the bed when an evacuation is performed.

Evacuation down stairs:

Start with pulling an empty mattress down the stairs. When training with a person lying on the mattress, a second person can then walk behind the mattress and help out if any difficulties should occur. Evacuation down stairs is the most difficult part of an evacuation and should be practiced extra carefully.

Rescue sheets used for training:

Because of heavy strain on the rescue sheet when evacuating, always check the seams and handles after each training exercise. Our recommendation is that equipment that is used for training is marked with "Rescue Sheets - Training" and is only used for this purpose.

Guidelines:

If the Velcro straps are not used, there is a risk that the patient could fall out from the mattress. The patient's arms must be placed within the Velcro straps. This reduces the

risk of the user grabbing hold of objects during an evacuation. Further, if you are pulling at the foot end, it reduces the strain on the puller which takes less effort for evacuation.

2. Product description and performance

Järven rescue sheet makes it possible to evacuate and move bed bound patients in an efficient and safe manner. Järven rescue sheet is placed under the mattress and is attached to the mattress with elastic straps. Järvens rescue sheet can be used when evacuating in stairs.

The rescue sheet has an ergonomic design and is produced from strong materials that easily glide on dry and wet surfaces. Järvens rescue sheet is equipped with handles for side movements in order to make the rescue sheet as movable as possible. The rescue sheet is a simple and safe aid to use during an evacuation.

Material: Polyamide / polyester

Swedish standard: SS 876 00 39

3. Unpacking and installation

3.1 Unpacking

Check that the package is not damaged. If any damages are found, contact us before using the product.

3.2 Installation

The rescue sheet is placed under the mattress. It does not matter what side is at the foot and head end. The rescue sheet is labelled with "This side up". In order to get the correct sliding functions, it is important that the correct side is down. Then, fasten the elastic straps over the mattress and the rescue sheet is ready to be used.

4. Maintenance instructions

Follow the local or national infection control regulations.

Clean with soap and water.

The rescue sheet can be washed in 70 – 90 °C and tumbled dried in 70 °C.

If no regulation exists, we recommend the lower washing temperature for a longer life-cycle.

When washing, fasten the Velcro straps to each other.

Every rescue sheet is labelled with care instructions.

Important!
Never use
chlorine based
detergents.

It is important to follow the below instructions before the product is used for a new user. When unsure, contact the hygiene responsible or contact the supplier for help and further instructions.

5. Miscellaneous

5.1 Storage

Always store the rescue sheets in a room temperature with a dry area. Avoid direct exposure of sunlight.

5.2 Labelling

The rescue sheets are labelled with production date, article number, size, care and wash instructions and EAN-bar code.

5.3 Recycling

All bed products are fully recyclable. No dismantling needed.

5.4 Returns and complaints

Complaints are to be reported to the supplier. A return of a product shall follow the supplier's instructions and can only be done after the complaint has been reported.

Damages due to a transport should be reported to the transportation agent.

Manufactured by:



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